



AIR FALL: 2011



AIR Programs

Special Points of Interest:

- *Research into current Native American Issues affecting our communities*
- *Academic support: through tutoring and academic workshops*
- *Community Partnered : University of San Diego, San Diego State University and University of California San Diego*

WELCOME TO THE AIR FALL PROGRAM



The AIR Program welcomes you to the AIR Fall Program 2011, our 18th year serving the San Diego County region. Our program is established on the ideals of academic success for our American Indian participants through a philosophy of learning and teaching through culture. There are four main components to our program, which we use to service our participants.

Part 1: Academic workshops—help our students understand processes of higher education. They include: working with teachers and professors, study skills, what degrees are, applications, and much more.

Part 2: Research Assignment—We research American Indian issues through assistance of our mentor staff. The ideal is to give research methodology on an academic level that will benefit the student in their current and future academic settings. Additionally, our topic is geared to induce interest in our American Indian cultures and promote greater self-confidence for our student participants.

Part 3: Academic Support— where we offer tutoring and other academic needs for the student.

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Part 4: Familiarity with Higher Education— the ideal is to show and acclimate the students to the higher educational setting. We hope to give familiarity with the campuses and overcome the initial fears of the university environment.

These are the main ideals that we attempt to use in promoting academics and higher education within our program but it is not limited to these areas. Friendships and enjoying ourselves in a nurturing environment is also part of our goal. Overall, many of our students have gone on to pursue higher education and we hope that this summer you enjoy the program as those in the past have.



Fall Topics: *Historic cultural sites: Culture and Food Traditions*

This Fall, we will introduce the topic of *Historic Cultural Sites: Culture and food traditions*. This continues our research on historic cultural sites and preservation as we research how the location of these sites created and shaped tribal cultural viewpoints and how tribes existed within the regional environment. This is significant, as location dictates how we gather foods sources, how structures are created and built, how significant sites hold sacred significance and much more. As an example, many of the high desert tribal nations within Arizona and New Mexico developed farming techniques to grow their foods within the dry aired regions, while many coastal tribes developed fishing techniques as their source of food. From this, Native cultural and creation stories adopt these notions of harvest and their significance to the development of their Tribes.

This topic serves to show that our historic cultural sites are important to our specific Tribal Nations and their protection is greatly important to our continued survival as Tribal people.

Using this topic, as a basis, our students, in addition to this exciting topic, will learn about our universities and campus libraries, teach research methodology from our mentors, learn how to make effective presentations, and learn more about these issues affecting our communities. Overall, we hope you find great interest on this topic.

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Meeting 1 (USD):

Location: USD, Serra Hall 318

9-26-11

Time: 4:30 pm - 6:30 pm

USD Welcoming of Students: Dr. Michelle Jacob

Introductions

Academic Workshop:

Topic: *Higher Education, why I am pursuing a degree and how did I establish a game plan to get there.*

This topic will cover why students have decided to pursue higher education. What they thought of when they were in high school and what they hope to gain from higher education. In essence this asks the mentors why and what got them to be a college student. This would be the first process of how a student will think about college.

Special guest: Renee White Eyes (UCLA): Former AIR Program Coordinator and current UCLA recruiter to discuss the pursuit into higher education.

Topic: Historic cultural sites: Culture and food traditions

What are the traditional indigenous food resources of the local area? What did people eat? How did they gather and prepare these foods?



Meeting 2 (SDSU):

Location: SDSU (TBA)

10-3-11

Time: 4:30 pm - 6:30 pm

SDSU Welcoming of Students: Dr. David Kamper/Sara Unsworth

Academic Workshop:

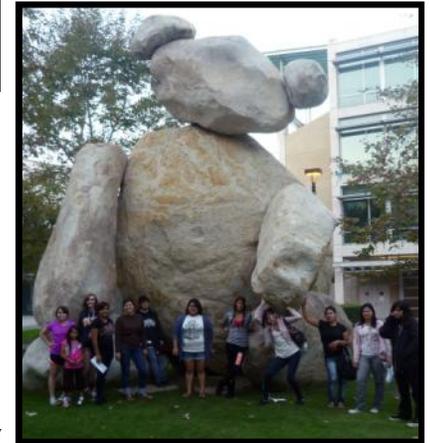
Topic: what are A-G requirements or what are requirements anywhere

This topic covers what many think of as the “gameplan” to qualify for the UC or CSU system. A-G requirements are the courses that you must take in order to qualify for the UC and Cal State System. This topic should discuss how the mentors found out about this and what they did to qualify.

Topic: Culture, historical sites and how our ancestors lived

Guest speaker: Devon L. Lomayesva (Executive Director CA. Indian Legal Services, Iipay Nation of Santa Ysabel)

Devon Lomayesva will discuss Kumeyaay village locations and how many of the Kumeyaay used their environment in developing their cultural diets. Discussion includes gathering and preparing “Sha-we” (acorn based food).



Meeting 3 (Field Trip):

Location: Poway

10-10-11

Time: 4:30 pm – 6:30 pm

Fieldtrip: Kumeyaay-Ipai Interpretive Center at Pauwai

We will visit the Kumeyaay Village of Pauwai. Approximately 1,000 years ago, the Kumeyaay people lived throughout what is now San Diego County and Baja California (they continue to do so). During that time, the Pauwai Valley (Poway area) was occupied by hundreds of Kumeyaay-Ipai where many continued to live until the early 1900s. We will take a field trip to the village of Pauwai where there remains great evidence of how they lived during the time of when the village existed.

Note: Some Hiking is required, therefore wear reasonable travel wear.



Thank you, to the San Manuel Band of Mission Indians for their support, truly, your support for our Native Communities and our AIR Program has made a great difference, thank you!

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Meeting 4 (USD): **10-17-11**
Location: USD, Serra Hall 318 **Time: 4:30 - 6:30 pm**



Introductions

Research Project: "Tribal food sustainability"

This portion of our project will further discuss what many of our Tribal Nations are using within their diets and how they have adapted to certain regional foods as their main source of food. Traditionally, many of our tribes had specific menus that were not fried, nor processed that maintained the Tribes prior to pre-European contact. This part of our project expands on what was discussed earlier to the inclusion of additional tribes and what was their dietary intake. We will take a look at this and taste some sample of foods (along with our own traditional menu that we serve at our meetings).

Meeting 5 (UCSD): **10-24-11**
Location: UCSD **Time: 4:30 - 6:30 pm**



Introductions

Academic Workshop: What are degrees?

One thing that many do not understand is the idea on what is a degree and what does it involve. You should know the goals of why you enter higher education. Here the mentors should discuss what a basic undergraduate degree is and what is a graduate degree.

Guest speaker: historical sites (basket materials gathering, ocean harvesting tasks and sites)

Here our guest speaker will discuss gathering of materials, the proper times to gather and to harvest within the region. The important aspect of this discussion is that all tribes have similar seasonal gathering and harvests. Again this is based on environmental controls of the region that many Tribes live within, hence, the cultural location of Tribes is important in understanding their societies.



Meeting 6 (USD): **11-7-11**
Location: USD, Serra Hall 318 **Time: 4:30– 6:30 pm**

Academic Workshop: Financials and Need

This is important from our student mentors perspective. Here they will discuss how they got their monies to pay for college what they expected and what they didn't expect. This is probably one of the most important workshops as money plays a big part in the educational system.

Research: We will take this time to gather more information by using our library resources. With the assistance of our mentors we will pull more information on our topic from our library resource and/or computer lab to garner greater information to make our research more well rounded.

Special thanks to the University of San Diego, Dept. of Ethnic Studies, San Diego State University, Department of American Indian Studies, and the University of California, San Diego, for all the support and being integral partners to the AIR Programs in serving our Native Youth. Our combined efforts are producing more Native College bound students than ever before!



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Meeting 7 (USD): **11-14-11**
Location: USD, Serra Hall 318 **Time:** 4:30 - 6:30 pm

Academic Workshop: While in school, what to do?
What happens when you get into school? Where do you live (pros on living on campus), what and where do you eat, where to study? Where are there any people to hang out with or am I alone here? Our mentors will help explain these questions and give their answers to them.
Pulling it altogether:
Here, along with your mentors, you will pull together all your research to develop a presentation. Your presentation can involve a number of things that we have had within our program this semester, but should have decent content. Note: you will, at the very least, have a research paper in college. This exercise should help you in demonstrating how to develop a presentation on the college level (although on a small scale).



Meeting 8 (USD): **11-28-11**
Location: USD, Serra Hall 318 **Time:** 4:30 - 6:30 pm

Introductions
Presentations: We will present our research
What we have learned: We have learned many aspects of culture and need to protect our past. Our last meeting will look at what we have learned throughout this semester.
Post-evaluation: We will take a few minutes to evaluate our meetings and to see how far we have progressed.
Awards: Awards for mentors and students and “thank you” to all our community supporters.



Thank you to the Rincon Band of Luiseno Indians for all your support for this years programs. Truly, you are making a difference in our community.



Thank you to the San Pasqual Band of Mission Indians for your support throughout these many years.

