

# AIR Jr. Spring 09 Schedule

AIR Schedule

1-26-09



**Special points of interest:**

- Educational Majors
- Academic Workshops
- USD/SDSU/CSUSM



**SAN DIEGO STATE UNIVERSITY**



AIR Jr. student participants at SDSU on campus tour



The AIR Program is a proud recipient of funding from the Administration of Native Americans

## AIR Jr. starting Feb. 24 at SDSU

AIR Jr. has completed its first full year in operation. We feel that incorporating students from 7th through 8th grades is of the greatest importance. It is during this time many students decide what avenue to take in life and by having this program we hope that the students choose higher education as a path to success in their lives. Truly, this past year we have had fun and great students who have chosen to participate within our program on a regular basis.



This semester, using our main topic we will look at many majors that are involved in solving the questions that we are researching and it will be a lot of fun getting to the answers.

We look forward in seeing all our students this upcoming semester, see you soon!

### Meeting I

Date: 2-24-08

Location: SDSU

**Tutorial**

**Welcome**

**Introductions**

Why we have introductions and how we will proceed. The basics are: Name, Tribal Affiliation or cultural background, and a favorite something.

**Pre-Evaluations**

Hand out of evaluations to see where our students are at and how we can better serve our students.

**Group Exercise**

Group exercise to introduce each participant (mentor and students) to each other

**Campus Tour**

We will give a tour in the form of a scavenger hunt. Mentors will go with students to complete this tour and give insight of the campus. The importance in becoming familiar with the campus is great. First, it demonstrates to the students that there is great diversity here and students for the most part are the same as people they know. Second, by becoming familiar with the university campus, there grows a confidence in understanding the college setting and that fear of college starts to diminish. SDSU is a big campus but not too different from most large universities so becoming familiar here, one could easily transfer the familiarity to other campuses. Finally, our tour helps our program to have the student become familiar with the campus for safety concerns.

## Meeting 2

Date: 3-3-09

Location: SDSU

### *Tutorial*

### *Introductions*

### *Group Exercise*

### *Workshop 1 (10 min) "A-G Requirements for High School Students"*

To enter our Cal-State or University of California schools a high school student must complete their A-G requirements to at least qualify for entrance to these schools as an incoming freshman. There is a strong percentage of students who do not know this or who have not been properly informed on these requirements. This workshop covers these requirements and will be presented in a form for our students to understand. This workshop is important as it will make our students aware of these requirements and will hopefully trigger questions which they may ask their counselors.

### *SDSU Library*

One of the main focal points of the university (college) setting is the campus library. Like death and taxes every student will end up here for research assignments or to study. The Library can be formidable as it appears to be complicated with the extensive cataloging system that no one really understands. We want to make sure the students overcome this fear and gear them towards the idea of using the library for their academic pursuit. To do this we will take the students to the campus Library and give a methodology exercise with the aid of our college mentors. We will use this exercise to familiarize them with the library, to give them some methodology research skills and to have the mentor interact with the students on a topic that is relevant to our community.

The topic we will research is based on Sacred Sites Protections and its effect on Indian Country. This topic will act as a theme for the remainder of the semester and we will analyze a recent issue that has developed in Indian Country that will allow the student the ability to analyze the reasons why we have protections within this area.



## Meeting 3

Date: 3-10-09

Location: SDSU



### *Tutorial*

### *Introductions*

### *Archeology/Anthropology (Guest Speaker)*

Part of the AIR Program ideal is to expose the student to various aspects of the universities and to give them insight into what is offered within higher education, along with covering our topical approached schedule. Here, in combination with our main topic we will introduce the significance of the profession of Archeology/Anthropology and their role in Indian Country.

Many of our discovered past comes from professionals within Archeology/Anthropology. This will be an interesting topic for our students as it will help them understand the balance of responsible science in discovering our past and helping our communities gain additional knowledge on all our varying American Indian cultures.

## Meeting 4

Date: 3-17-09

Location: Solid Rock Gym

### *Rock Climbing*

We will look at recreational activities that have a detrimental effect on our sacred sites. One could say how can rock climbing effect our cultural sites- the answer is that recreational activities are not bad but accomplished irresponsibly it could cause great damage to these delicate areas.

### *(in addition) Stress Management at School*

Stress is always there in life and if you don't do anything about it, this could lead to trouble. Most schools (colleges and universities) offer many things to reduce student anxiety. Our meeting will cover these techniques in using rock climbing to reduce our stress. The purpose of this meeting is to demonstrate that students need to invest their time in activities outside of the rigors of academics to relax and gain some perspective on school. Plus, it's just fun.





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## Meeting 5

Date: 3-24-09

Location: CSUSM

### *Tutorial-Introductions*

#### *Workshop 2 "How to Study"*

Many students have learned bad habits in studying that has contributed to lower than expected grades. If you are aware of these deficits you can plan better and prepare knowing of your problems in studying. It may take you a little longer, but by knowing of problems you have with studying, you can work around it with greater efficiency and practice for better grades.

#### *The Class: Chemistry "watch things dissolve"*

Pollution is destroying our sites at an alarming rate. Rock structures are being dissolved by acid rain and other man made devices. Here we will find out how our sacred sites are disappearing through the use Chemistry. Chemistry is major all major universities have and through the use of chemistry we can explain many of the mysteries of our planet. We will examine corrosion of our sites and possible solutions. Plus, we get to watch things dissolve.

## Meeting 6

Date: 3-31-09

Location: USD

### *Tutorial*

#### *Introductions*

#### *Workshop 3 "Finances"*

This will forever be a workshop that we will give, as it is a larger portion of your success within college. Without finances you cannot go to school or too little finances can diminish your chances at success in college. This is our discussion on the approaches that many of our mentors have taken.

#### *Presentation: "Legal aspects of sacred site protections"*

The legal field is a highly important field in Indian Country. Many of our American Indian rights have been eliminated through the legal field (through treaty or court rulings in the past). Our own community still does not understand the legal world in itself and are therefore at the mercy of the laws of society. We are grateful that California Indian Legal Services which will aid our understanding of the legal profession and discuss our main topic of sacred sites.

## Meeting 7

Date: 4-14-09

Location: SDSU

Guest Speaker: Creation stories of the Kumeyaay

Our guest speaker will speak to our youth on Kumeyaay Bird songs on their origins. Part of understanding culture is the foundation of where we learn to interpret those things in life that are sacred. Therefore, we are going to have our guest lecturer speak on this topic from the Kumeyaay perspective and though birdsongs.

## Meeting 8

Date: 4-21-09

Location: USD

### *Tutorial*

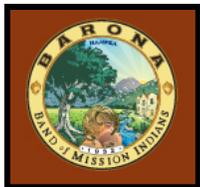
#### *Introductions*

#### *Group Exercise for social involvement*

#### *Workshop 4 "Plagiarism and Ethics"*

What is wrong with stealing others thoughts and claiming them for your own. A lot. College is a learning experience and part of that learning is ethics and fairness. Albeit many forget them, we would like to take a look at this and remind you what is fair and unfair within the higher educational setting.

#### *Awards and Presentation viewing*



**Rincon**  
Rincon Band of Luiseño Indians



**PALOMAR COLLEGE**  
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The AIR Program would like to thank our community partners for all your support throughout these many years.