



# AIR SR. SCHEDULE FALL 2009

## AIR Programs

### Special Points of Interest:

- *Cultural: Research into Environmental Justice and our American Indian Communities*
- *Academic support: through tutoring and academic workshops*
- *Mentoring: from our qualified students from the University of San Diego and San Diego State University*

## WELCOME TO THE AIR SR PROGRAM

The AIR Program welcomes you to the 16th year of our project that serves our San Diego County region. Our program is founded on the ideals of academic success for our Native American participants through a philosophy of learning and teaching through culture. There are four main components to our program, which we use to service our participants.

Part 1: *Academic workshops*; that help our students understand processes of higher education. They include: working with teachers and professors, study skills, what degrees are, applications, and much more.

Part 2: *Topical Research Assignment*, Here we research an American Indian issues through assistance of our mentor staff. The ideal is to give research methodology on an academic level that will benefit the student in their current and future academic settings. Additionally, our topic is geared to induce interest in our Native American cultures and promote greater self confidence for our student participants.

Part 3: *Academic Support* where we offer tutoring and other academic needs for the student.

Part 4: *Familiarity with higher education*; the ideal is to show and acclimate the students to the higher educational setting. We hope to give familiarity with the campuses and overcome the initial fears of the university environment.

These are the main ideals that we attempt to use in promoting academics and higher education (but is not limited to these areas). Friendships and enjoying ourselves in a nurturing environment is also part of our goal. Overall, many of our students have gone on to pursue higher education and we hope that this semester you enjoy the program as those in the past have.

### Meeting 1 (USD): 10-12-09

Location: USD (Serra 155a) Time: 4:30 - 6:30 pm

**Introductions:** Introductions are important as this is customary within our Native communities. Through introductions we find out many things about oneself including our identity and relations. This will be a necessary and good practice within our program always.

**Welcome:** Dr. Alberto Pulido, Chair of Ethnic Studies and Chair of the USD President's Advisory Board on Inclusion and Diversity

#### Workshop 1: *What are degrees, FastWeb and the College Board*

An important topic that many of our students who come into our program have confusion on. The question, "what the purpose and what is a degree from a university", is an important one as knowing this purpose creates your game plan in your pursuit of higher education.

#### Brief Intro to "Teens can make it happen" 9 Steps to Success

We will examine an approach for students on how to create and reach long term positive goals

**Teamwork Exercise (USD Campus Scavenger hunt):** Part of the greatest failures of many students is the intimidation of being on an unfamiliar big campus. This exercise is to get the student acclimated to the campus and understand the campus environment.



*Thanking the Department of Ethnic Studies, University of San Diego, for all your help and support these last few years.*



*Thanking CSUSM for all your help within this last two years. We look forward in working with you for many years to come.*

**AIR SR. SCHEDULE FALL 2009**

**Meeting 2 (SDSU): 10-19-09**  
**Location: SDSU Time: 4:30 - 6:30 pm**

**Introductions**

**Welcome:** Dr. Margaret Field, Dept. Chair of American Indian Studies  
 Welcome from the Department of American Indian Studies at San Diego State University.

**9 Steps to Success -Module 1:** Check your ID & Create your vision

- **ID:** Before we decide what we want in life, we first need to learn to understand who we are, our influences, and why we act and think like we do.
- **Vision:** What are our Dreams & Goals? How do we set goals?
- **Activity:** *Who are you? Building on Pleasures & Talents*

Here our student groups will make a poster and discuss as a group the dynamic of whom we are.

**Teamwork Exercise: SDSU Scavenger Hunt**

You are an incoming freshman and need to complete this campus exploration to find out where your classes are. You have 45 minutes to complete-Good Luck. (this will help you understand the academic setting of the university)



**Meeting 3 (SDSU): 10-26-09**  
**Location: SDSU Time: 4:30 - 6:30 pm**

**Introductions****Workshop 2:** *Finding support on campus*

Numerous incoming freshmen and Transfer students get lost in the larger campuses of the university. Many students become overwhelmed and feel alienated finding themselves alone and considering dropping out from school. This workshop is important as these feelings mentioned above can be reduced by knowing where to find support both academically and for oneself.

**9 Steps to Success -Module 2:** Develop your Travel Plan & Master the Rules of the Road

- Need a plan to pursue our vision.
  - How to keep going even when there are challenges on the road?
  - **Activity:** Action Steps Toward your Goals & Don't tell me I can't do it
- o Group Discussion; choose a topic, research, and share to rest of group.

**Research:** *Library (manual)*

You and your mentor will go to the library to do a manual research. Not too long ago, going to the library and reviewing books was the way you accomplished research. Today the majority of information is internet based. On occasion there are some pieces of information that can only be found in the book stacks. Today with your mentor you will do a manual research.

**Meeting 4 (USD): 11-2-09**  
**Location: USD Room: Camino Hall 153 Time: 4:30 - 6:30 pm**

**Introductions**

**9 Steps to Success - Module 3:** Step into the Outer Limits

- Need to take risks to get where we want to go
- **Activity:** Extending Boundaries, Expending Talents; Turning Negatives to Positives

**Research:** *Historical*

We will have a brief historical accounting on reservations and the nature of economics that they must pursue for the survival of their tribes. This will give greater understanding why some tribes have chosen the destruction of natural resources and mining to bring in revenues for the Tribe.



**SAN DIEGO STATE  
UNIVERSITY**

*Thanking the Department of American Indian Studies, for all your help, support and belief in our program (from its start) and community.*



## AIR PROGRAMS

PO Box 880471  
San Diego, CA 92168

Email: [info@airprograms.org](mailto:info@airprograms.org)

Visit us at:  
[www.airprograms.org](http://www.airprograms.org)



### Meeting 5 (USD): 11-9-09

Location: USD Room: Camino Hall 153 Time: 4:30 - 6:30 pm

#### Introductions

#### Workshop #3: College applications and personal statement

The first step in your pursuit towards higher education is to study and take those required classes. The Second step is the key, applying for college! If you don't take this step then you are not going to school. There are certain approached you must take in your pursuit towards higher education which includes a personal statement. This is a workshop from people who have been there and been accepted through this process.

#### Research: Internet

As mentioned earlier we have done previous research at the SDSU Library but a majority of information is now available through the internet. Here we will continue our research project using the internet.

### Meeting 6 (USD): 11-16-09

Location: USD Room: Camino Hall 153 Time: 4:30 - 6:30 pm

#### Introductions

#### Workshop #4: Standardized test workshop

Test taking can be a measurement of what you know or sometimes can be a measure how good you can take a test. These are two very distinct ideals and standardized testing has two proponents on each ideal. Either way, you are going to have to take these test to get into a university. There are dates to remember, set times to study and practice, scores to shoot for, and many more things to start thinking about. Here we will learn about these standardized tests.

#### Research: Pulling your research together

How do you pull research together and make sense out of it? Many of us have tried and many of us have failed to convey what we know to others when pulling our information together. Here we will look at pulling all our research together and how it effects us.

### [Optional] Meeting (CSUSM): 11-18-09

Location: CSUSM Winona LaDuke

#### Winona LaDuke: Indigenous Environmental Justice

Wednesday, Nov. 18, at 6:00 p.m. - M. Gordon Clarke Field House, Room 113

Winona LaDuke Anishinaabekwe (Ojibwe) enrolled member of the Mississippi Band Anishinaabeg, is an internationally renowned activist and author working on issues of sustainable development, renewable energy and food systems. She lives and works on the White Earth reservation in northern Minnesota and is a two-time vice presidential candidate with Ralph Nader for the Green Party. She is the author of five books, including *Recovering the Sacred*, *All Our Relations*, and a novel, *Last Standing Woman*.

### Meeting 7 (USD): 11-30-09

Location: USD Room: Maher 114 Time: 4:30 - 6:30 pm

Presentations for AIR Sr. Program. This will be painless folks! Presentations are the key in both your present academic setting and will be a major part of your higher educational experience. So we will be giving a educational workshop on how to give presentations. Using all the research you should be able to put together a presentation along with help from our mentors. Again, don't worry, we will help you through this.

### Meeting 8 (USD): 12-7-09

Location: USD Room: Camino Hall 153 Time: 4:30 - 6:30 pm

#### Awards and Review of all research

**Presentation:** A presentation by our mentors on the topic and we will have the students judge them on their presentation skills. This will show the students the differing styles of presentations and allow them to digest the information that we have researched.